

**INTAKE FORM**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Other phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Referred by: \_\_\_\_\_

Your pharmacy: \_\_\_\_\_

Name(s) and phone numbers of treating doctors & therapists:

\_\_\_\_\_

Permission to contact above doctors & therapists? \_\_\_\_\_

Reason for seeking help at this time: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Current Medications: \_\_\_\_\_

\_\_\_\_\_

Current medical problems: \_\_\_\_\_

Your goals for your mental health: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Any history of the following (please answer Yes or No, and any explanation):**

Thyroid problems:

Weight problems:

Describe sleep pattern in past month (circle):

No problem/mild or moderate insomnia/really bad insomnia/sleeping too much/nightmares

Head injury:

Seizures:

Suicide attempt:

Childhood trauma:

Hospitalization for mental health reasons:

Problems caused by alcohol use:

Estimate of number of alcoholic drinks per week:

Marijuana or other substances used, per week:

Really bad reactions to medication:

Family members with depression, anxiety, suicide attempt, addiction, or hospitalization:

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Single most important symptom or problem you'd like help with at this time:

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